



# FIT FOR LIFE FIT CHALLENGE WINTER 2008

THESE ARE JUST A FEW OF THE AMAZING RESULTS STATISTICS FROM OUR  
WINTER FIT CHALLENGE PROGRAM:

Name:	Lbs. Lost:	Waist In. Lost:	Hip In. Lost:
DAVID ARP	34 ½	5 ½	4 ½
SANDI THOMPSON	15	4 ¼	2 ¾
KAREN KINARD	9 ½	2 ¼	1 ¾
TERESA HETH	9	3 ¾	2
JAMIE BLUDAU	9	2	2
JEN FERGUSON	9	3 ¾	2
GERALD MARDIS	7 ½	¾	2 ½
JOHN DICKERSON	5 ¼	2	1
LAURA WAGENER	4 ½	2 ¾	1 ¼
JILL KORENEK	4	3	1 ½