



FIT FOR LIFE FIT CHALLENGE FALL 2007

THESE ARE JUST A FEW OF THE AMAZING RESULTS STATISTICS FROM OUR
FALL FIT CHALLENGE PROGRAM:

Name:	Lbs. Lost:	Waist In. Lost:	Hip In. Lost:
Cory Daniel	24	2 ¾"	2 ¼"
Stacey Appling	12 ½	1 ¾"	1 ¾"
Abby McConaha	9	3 ¼"	1 ¾"
Jan Lopez	10	1"	1 ¼"
Diane Eckhoff	9	1"	2"
Ashley Huffman	17	4 ¾"	1 ½"
Carol Bleau	8 ½	3 ½"	1 ½"
Ken Beach	14	3 ½"	1 ¼"
Helen Sneary	8	2 ½"	2 ¼"
Elias (ET) Gomez	22	4 ½"	2"